



MARE NOSTRUM CUP 2026

2nd - 5th April 2026

Boys: U8 – U16, U19

Girls: U12, U14, U16, U19





INFORMATION

TOURNAMENT INFORMATION

The three-day competition is held at the state of the art facilities of 'Esportiu Futbol Salou Complex'. The Mare Nostrum Cup offers clubs the chance to combine excellent venues with great weather and lots to do off the pitch.

The high calibre tournament takes place across the weekend and climaxes with a finals day followed by a closing ceremony with the presentation of trophies.

Previous

INTERNATIONAL TEAMS

France, Iceland, Ireland, Lebanon

NATIONAL TEAMS

La Rioja, Madrid, País Vasco, Cataluña, Comunidad Valenciana, Castilla la Mancha, Navarra.

Teams: 200

Participants: 3000

Number of matches: 420

Total number of pitches: 8



INFORMATION

TOURNAMENT INFORMATION

BOYS

U8 - U12- 7v7

U13 - U16 - 11v11

U19 - 11v11

GIRLS

U12 - U14 - 7v7

U16 - U19 - 11v11



ACCOMMODATION

Cambrils Park Family Resort

Cambrils Park Resort is an ideal place to stay, with bungalows for 2 to 4 people and plenty to enjoy on-site. There are four swimming areas and a beach just 15 minutes away—perfect for cooling off after matches. Kids can enjoy football, basketball, volleyball, and table tennis during their free time.

Meals are covered with two on-site restaurants, plus there's a bar, ice cream parlour, and a shop. The resort is also just a 15-minute walk from the Salou Sports Complex, home of the Mare Nostrum Cup.

Hotel

For those looking for a more traditional stay, a hotel accommodation option is also available. Offering comfort and convenience, hotels provide all the essential amenities to ensure a relaxing experience for both players and families. With easy access to the tournament venues and local attractions, it's a great choice for those who prefer a hotel environment during their stay.





LOCATION

TOURNAMENT VENUE

The fabulous facilities of **Futbol Salou**

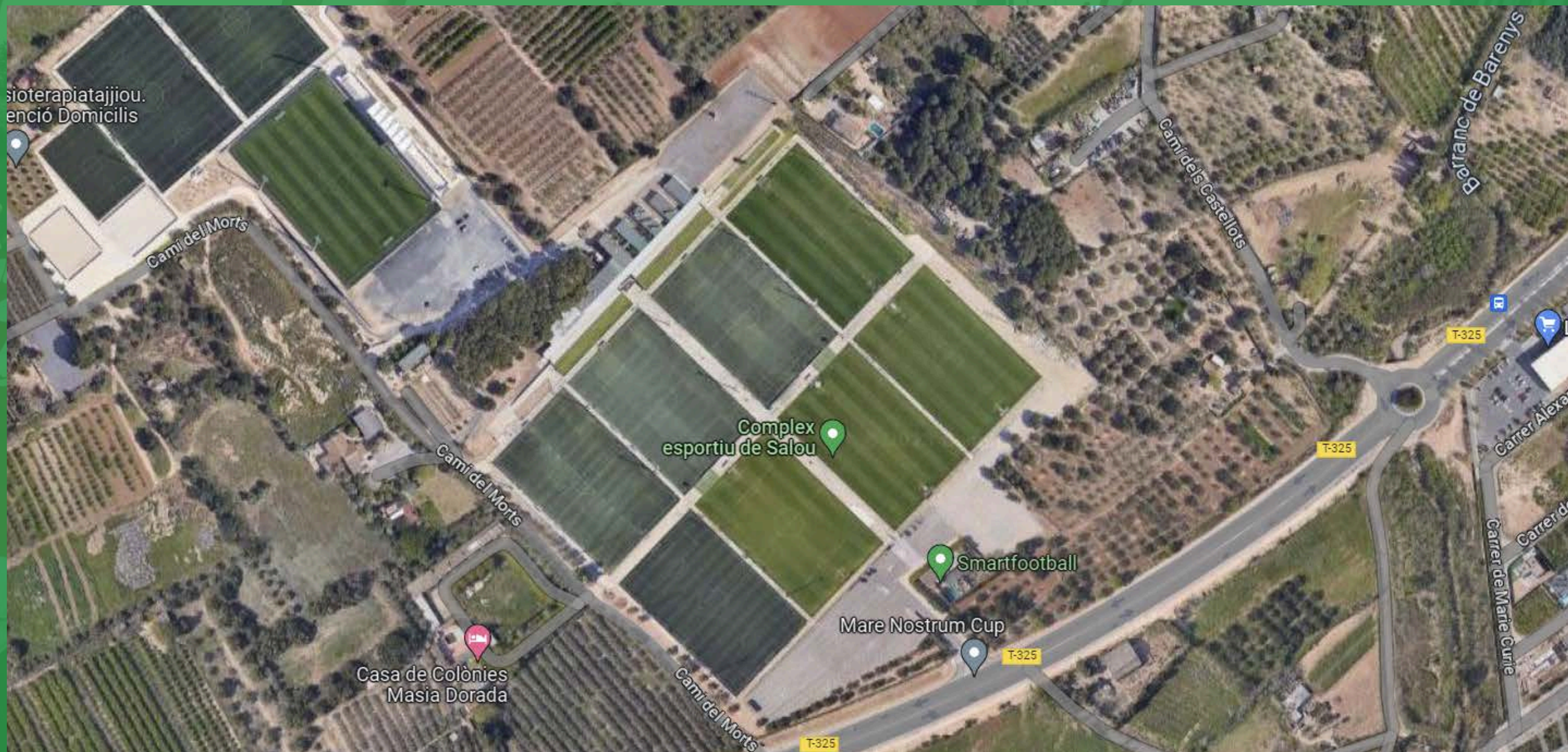
One of the best sports complexes in Europe, approximately 1 hour from Barcelona. They have 8 football pitches, endorsed by UEFA and FIFA, among which there are natural, artificial and hybrid grass pitches to meet the technical needs of any team.



FUTBOL SALOU SPORTS CENTER

Vial Salou Cambrils, 43840 Salou, Tarragona,
Spain

TOURNAMENT VENUE - AERIAL VIEW





DAY 1

ITINERARY

THURSDAY DEPARTURE DAY!



Depart UK Airport



Optional Stadium Tour



Arrive at Cambrils Park Resort.

Check in and Room allocation.

Staff will receive all tournament
info from the front desk.



Opening Ceremony

Dinner



DAY 2

ITINERARY

FRIDAY FOOTBALL STARTS!



Breakfast is normally served early.
(depending on leave time for matches).



1st Group game(s) between. Will either be a morning or afternoon/evening game. Could potentially have 2 games in the day (AM then PM).



Activities on site
Swimming most likely as recovery (if after games) or as an activation activity (if before games).



Dinner



DAY 3

ITINERARY

SATURDAY FURTHER GAMES



Breakfast is normally served early.
(depending on leave time for matches).



Further Group game(s) /Qualification matches. It will either be in the morning or afternoon. Could potentially have 2 games in the day (AM then PM).



Activities on site
Swimming most likely as recovery (if after games) or as an activation activity (if before games).



Dinner





DAY 4

ITINERARY

SUNDAY FINALS & HOME



Breakfast is normally served early.

Check out.



FINALS DAY: Matches between throughout the morning into lunchtime.

Presentation of medals and trophies.



Lunch

Depart for Airport



Flight details TBC

Land in UK, and head home.



YOUR TOUR



YOUR TOUR INCLUDES

- Full Travel throughout the weekend
- Full Board Accommodation
- Swimming pool at your disposal onsite at accommodation
- A SET&T member of staff available 24/7 via mobile
- Entry to one of the most prestigious tournaments in Europe
- We recommend everyone has their own travel insurance

WHY GO ON TOUR?

- Make new friends and bonding further as a team
- Make unforgettable memories that last a lifetime
- Enjoying new cultures and experiences with your teammates
- European Football against teams all over the world
- The professional player experience
- Lots of match time in state of the art facilities and beautiful surroundings



THANK YOU

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